**Booking Form Summer 2016**

Please print this form and post it to me with your cheque (or request BAC details). You can email form to me if you prefer.

Name**:**

Address:

Post Code

Phone:

Mobile:

Email

**Please book me onto this course:**

**Monday evening St. Giles £81**

**Thursday eve Mindfulness Meditation £48**

**Friday am Radbrook £81**

**Mindfulness and Yoga Saturday Morning 16th April £10**

**Summer Yoga Extra Class Friday 22nd July £8**

Please send a cheque (non-refundable)

Made payable to “Jilly Shipway”

To: 26, Bishop St, Shrewsbury, SY2 5HB

(or request BACs details)

**T: 01743 249489 E: jillyshipway@hotmail.com**

**www.yogacycles.com**

On receipt of your booking I will email you. Thank you!