**Booking Form Mindfulness Yoga 2012**

Please print this form and post it to me with your cheque. Thank You!

Name**:**

Address:

Post Code

Phone:

Email

**Please book me onto this course:**

**Mindfulness Yoga 10 week course**,

Wednesday Eve, Coleham School, Start Date: 18th April

Cost: £80

**Mindfulness Yoga Saturday 28th April 2012** Cost: £28

Please send a cheque (non refundable)

made payable to “Jilly Shipway”

To: 26, Bishop St, Shrewsbury, SY2 5HB

**T: 01743 249489**

**E: jillyshipway@hotmail.com**

**www.yogacycles.com**

On receipt of your booking I will email you. Thank you!